

SENTINEL June 2019

Letter from the Board

The running of the Indianapolis 500 and Memorial Day cook-outs mean that summer is (unofficially) underway. Seems like just yesterday the winter cold was setting in and the neighborhood was busy decorating for the busy holiday season...how the time flies.

The arrival of June means the passing of another school year and for some of our friends and neighbors, 2019 means the end of one chapter and the beginning of a new. Congratulations to all of our West Potomac graduates and to everyone celebrating an academic achieve from one of any number of institutions both near and far.

Right on the heels of the success of the neighborhood yard sale was the great turnout that we had for the community picnic and safety day on June 2nd. The weather held off just long enough for everyone to fill their bellies, meet some new neighbors and simply enjoy each other's company. While it took the effort of many neighbors to pull this off, a special thanks goes out to the Husband family who spearheaded the event. In working towards his next achievement for the Eagle Scouts, Zack Husband coordinated the efforts of all of the volunteers who came to include the Fairfax County Police, Fire, and Sheriff's department. A job well done.



With school out and the dog days of summer on the horizon, make safety a part of everything you do. Start with staying hydrated and knowing "when to say when" if you are working or playing in the sun. Keep your sunscreen and bug spray handy and dress for the task at hand. Also keep in mind that the streets that used to be relatively quiet during the day may now have kids and bikes from sun up to sun down. While we should always obey our posted speed limits (because that is what good neighbors do) the summer months are critical. And don't forget about taking proper care of your pets in the summer heat.

We have had a few snake sightings in the neighborhood and the mosquitoes are on the way. Prevention trumps cure every day of the week. If you don't provide either a place to live in your yard, they will look elsewhere. Keeping your property clear of debris and standing water is the best way to control unwanted pests and vermin.

With the 4th of July weekend right in front of us, fireworks must be a topic of conversation. Not a year passes that, despite warning upon warning, someone suffers a needless injury. In addition, always be considerate of your neighbors. Most will understand celebrating on the evening of the 4th as long as you are courteous and clean up after yourselves. It is the celebrations prior to, and after this date that tend to upset most folks. Keep in mind your neighbors that might have small children and pets or dislike noises due to PTSD as well as those neighbors that might not have the luxury of having a long weekend. For many like our first responders and military neighbors, the 4th and 5th of July are just another workday.

Here is to a great summer for this great community!

-SCA Board

Upcoming Local Events

Ways to Celebrate July 4th in Alexandria

Fourth of July Fireworks Cruise on the Potomac River

For one of the most unique and spectacular views of the renowned July 4th fireworks in Washington, D.C., hop aboard one of Potomac Riverboat Company's fun fireworks cruises. Take in monumental vistas of Alexandria on a sightseeing cruise to the fireworks aboard the Miss Mallory, or celebrate in style aboard the 4th of July Fireworks Dinner Cruise on the Cherry Blossom authentic split stern-wheeler riverboat with a picnic-themed dinner menu, a live DJ and an unlimited bar menu. Book your tickets ASAP as it's bound to sell out before the Fourth.

For free views of the fireworks from the shores of the Potomac River, head north on the scenic Mount Vernon Trail from Old Town Alexandria to Daingerfield Island for a family-friendly picnic near the Washington Sailing Marina, or continue further up to Gravelly Point Park.

Fireworks at George Washington's Mount Vernon

At George Washington's Mount Vernon, you can start your Independence Day celebration early with an evening of family fun and fireworks on Friday and Saturday June 28 and 29, 2019. You can also celebrate our nation's birth on July 4th with a daytime fireworks display over the Potomac, military reenactments, free birthday cake for all and a visit from our founding father himself. Plus the National Concert Band will serenade guests with its "Red, White and Blue" concert. This is one party you better book in advance.

Alexandria/USA Birthday Celebration

Alexandria turns 270 this year and on Saturday, July 13, 2019 we're celebrating with a huge birthday bash along the Potomac waterfront at Oronoco Bay Park. Live music, food vendors, birthday cake and a dazzling fireworks display over the river are all on the agenda.

Outdoor Fun and Parkside Picnics

The Fourth of July is all about getting outside under that summer sun, and Alexandria has no shortage of out-door activities. Hit the waterfront at Daingerfield Island, where you can rent kayaks, canoes, sailboats, stand-up paddleboards and more from the Washington Sailing Marina. Test your volleyball skills at Founders Park, hit the Mount Vernon Trail for scenic running and biking, or shoot hoops at the basketball courts at Jones Point Park. Everyone knows no Fourth of July is complete without a picnic. And Alexandria's waterfront parks make prime picnic spots for no-fuss patriotic parties.

18th Annual Arlington Police, Fire and Sheriff 9/11 Memorial 5K

Since its inception in 2002, the Arlington Police, Fire & Sheriff 9/11 Memorial Race has had over 40,000 runners cross its finish line and has raised over \$800,000 for 9/11-related charities. The event's goal is to donate over 1 million dollars and to host the 20th Anniversary 9/11 Race on Saturday, September 11, 2021.

This year the Arlington Police, Fire & Sheriff 9/11 Memorial Race will donate all funds to the Pentagon Memorial Fund . Each charity pledges to never forget those who have served our country.

The race will be held rain or shine on Saturday, September 7th. To learn more and register for the race, visit www.arlington911race.com/.

Community News

Regal Theatre to Show \$1 Kids' Movies This Summer

Looking for cheap entertainment this summer? With summer a few days away, moms and dads are looking for ways to fill their kids' days while school is out. One inexpensive option is a movie at the Regal Potomac Yard theater in Alexandria, where it will only cost a buck to get in on Tuesdays and Wednesdays.

Some of the movies in the Regal Summer Movie Express series are flicks the entire family will enjoy, including "Shrek," "Despicable Me," "Kung Fu Panda" and others. Check out www.regmovies.com/static/en/us/promotions/summer-movie-express for a listing of upcoming showings.

UnWined Expansion in the Works

In December, the UnWined shop in the Belle View Shopping Center moved from its original location to an available retail space next door. Now, the wine and gourmet shop is planning to expand back into their now-empty original location. The owners plan to use the space to serve craft beer, small plates and, of course, wine. The owners hope the expansion will be open and running between the end of August and the beginning of September.

"Micro Winery" Coming to Cooper Center

The Richmond Highway area is set to get its first "micro winery" later this summer. Dominion Press Winery will be opening its first location next to Thai Nakorn in the Cooper Center at 8733 Cooper Road. The winery is owned by Andrew Rosado and Bonnie Evangelista, a husband-and-wife team with a passion for making wine. The wine will be made in-house, primarily with grapes from the west coast. Because of Virginia ABC laws, they will not be able to serve wine by the glass in the store, except for at free tastings.

Right now the couple is working on the interior of the store, securing their licenses and aiming for a late-summer opening. Once the location is ready, the Evangelista and Rosado say the look forward to winning over customers by offering wines for every taste, and a level of winemaking that will keep people coming back.

Funding Approved for Telegraph Road-Hayfield Road Intersection Improvements

The Fairfax County Board of Supervisors recently approved a funding package that includes money to improve the intersection of Telegraph Road and Hayfield Road.

The \$3 million project will include adding an additional northbound lane on Telegraph Road through the intersection with Hayfield Road. County officials said the intersection has been the scene of a number of rear-end accidents due to congestion at the road.

The project will not require the county to acquire any land. Instead, a parking lane on southbound Telegraph Road in front of Hayfield Secondary School will be removed. That will leave room for two northbound lanes, a median left turn lane, and two southbound lanes in front of the school.

Helicopter Noise in DC Region to Be Focus of New Study

The federal government will conduct a study on helicopter noise in the DC region. Congress acknowledged the importance of helicopters for military, law enforcement and medical purposes but called for strategies to reduce the negative impacts of the noise.

Many in the area live with the impacts of regular helicopter noise that interrupts sleep patterns, causes homes to shake and negatively impacts quality of life. While disturbances from helicopter noise have been a longstanding problem for some, others have noted recent increases in the frequency and severity of helicopter noise in neighborhoods.

The goal of the study is to help identify strategies to minimize the negative impacts of helicopter activity without impeding the work of agencies operating helicopters in the region," including for law enforcement, military, and medical endeavors.

Cosmopolitan Grill Closing Along Route 1

Cosmopolitan Grill, which opened at 7770 Richmond Highway in 2008, will be closing its door. It has been a favorite of locals and food critics alike, with the restaurant making Washingtonian magazine's "Cheap Eats" list multiple times. The German/Bosnian food was unique to the area, and critics singled out specialties such as the Bosnian burger, wiener schnitzel, and crempita dessert for praise.

Last year the owners opened a second restaurant, Old House Cosmopolitan Grill, on Cameron Street in Old Town which will remain open.

How to Keep Kids, Pets Safe During Summer Heat

With temperatures soon to be steadily near or above 90 degrees, it's worth a reminder that extreme heat can have serious consequences for people and pets alike. We've rounded up information on heat-related illnesses and how to respond to kids and pets left in hot cars in Fairfax County.

According to the Centers for Disease Control and Prevention, over 600 people across the U.S. are killed by extreme heat each year. Extreme heat causes the body to work harder to balance its temperature. Overexposure or too much physical activity in extreme heat can spur heat-related illnesses.

Some groups of people are more prone to heat-related illnesses than others. These include seniors 65 and up, people with chronic conditions, outdoor workers, infants and children, low-income residents and athletes.

The county's Office of Emergency Management offers the following preventative tips:

- Have air conditioners serviced regularly.
- Drink plenty of fluids.
- Dress in loose-fitting clothes that cover as much skin as possible. Lightweight, light-colored clothing reflects heat and sunlight and helps maintain normal body temperatures.
- Reschedule outdoor activities in extreme heat conditions.
- Do not leave children, disabled people or pets in a hot car.
- Learn first aid.

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Key Sources

Covering the Corridor | http://coveringthecorridor.com
Kingstown Patch | https://patch.com/virginia/kingstowne
Greater Alexandria Patch | https://patch.com/virginia/greateralexandria
Old Town Patch | https://patch.com/virginia/oldtownalexandria
Alexandria Living | https://alexandrialivingmagazine.com/

Reminders

Stay Connected

Stay up to date on neighborhood happenings by visiting the Stoneybrooke SCA website (www.stoneybrooke. org/), which includes a blog for highlighting recent events and publishing upcoming SCA related events.

Residents can also join on-line community on Facebook (www.facebook.com/groups/Stoneybrookcommunity/) for residents of Stoneybrooke, in Alexandria, VA. It is designed for members to connect and share information. Posts containing lost and found, requesting referrals for paid services or items, help with a project, borrowing, ride sharing, announcing yard sales or interesting events in Alexandria area, neighborhood alerts and concerns, giving away items or volunteering your time and any non-profit related posts are welcomed here.

Additionally, a Facebook group exists to advertise events and service or share recommendations here (www. facebook.com/groups/1034208403392227/).

Dean's Dog Sitting



Hey do you need someone to watch your dog while you are on vacation or at work? If so I am here! My name is Dean, I am 12 years old and I am a local dog sitter. Here are a few reasons why you should pick me:

- -my older brother has taught me many things in dog sitting
- -I am young so I can run around and play with your dog
- -I love dogs so I would be more than happy to help out You can email me at- deanthebean6911@yahoo.com or call at 703-768-0895

I hope to see your dog soon!



MEMBERSHIP FORM September 2018 - December 2019

Why join?

- 1. It's easy and inexpensive!
- 2. It funds the community directory, our monthly newsletter, and our website.
- 3. It funds year-round social activities for adults and children.
- 4. The association is the best source of local information including transportation and school initiatives.
- 5. Strong membership builds credibility with other local associations and local politicians.
- 6. Your involvement promotes improved property value and neighborhood safety.

How to join:

- 1. Make out a \$20 check payable to 'SCA'.
- 2. Fill out the form below and print.
- 3. Mail the form and check to the Stoneybrooke Treasurer:

Candy Thompson 6825 Lamp Post Lane Alexandria, VA 22306

OR

- 1. Send \$20 via PayPal to scaboard@stoneybrooke.org.
- 2. Include the information in the form below.

Your Name:		_ (for the Community Directory)
Your Spouse's Name:		_
Address:		
Phone:		
Check One: Include us in the Community Director	y OR Do no	t include us in the Directory
Email:	(To receive your copy of to Not for Community Dire	he Stoneybrooke Sentinel by email. ctory or other mailings.)

Visit us online at www.stoneybrooke.org!