SENTINEL SEPTEMBER 2019

Letter from the Board

Despite what the thermometer says, autumn is unofficially upon us. Labor Day cookouts are behind us, kids are back in school, football season is underway and pumpkin spice has made its way into every niche of food and drink for the upcoming Halloween season.

This is a good time to talk about leaves and trash collection. While we have yet to see the colors of fall showing on the trees, within the next thirty day or so we can expect the reds, oranges and yellows to come forth to be shortly followed by what seems like endless raking. Stoneybrooke is not covered by Fairfax County trash collection service; we are dependent upon private contractors. Regardless, a lot of good information is available at the Fairfax County website and additional information can be obtained from your refuse provider regarding rules for curb placement and pickup. https://www.fairfaxcounty.gov/publicworks/recycling-trash/leaf-collection-dates

The days getting shorter means an increase in the hours that mischief can occur. We are still a few weeks away from some chilly evening temperatures but it won't be long before the fireplaces are going and we get comfortable under the blanket watching football that we neglect to do the evenings final security check. Hopefully, with it being some time since the neighborhood's cars have been targeted, the message is getting out that prevention is the only game plan. Well-lit streets, clean and well-kept homes, and neighbors that simply look out for one another are all the characteristics of a safe community but we must also be vigilant. Even with a large number of homes having home security cameras with owners who freely share footage with local law enforcement, apprehension of a petty thief is still the proverbial "needle in the haystack".

Two of the great things about fall are football and Halloween with one upon us and the other just around the corner. Football season is now in full swing; Virginia and Maryland have cracked the top #25 and the Redskins came out of the blocks with a better than expected opener against a much more talented Philadelphia Eagles squad. Halloween will be here before we know it so start thinking about those activities that will keep little ghosts and goblins safe. There will be more to follow in the next newsletter on locations and activities for fright night.

We mentioned last month the number of new neighbors we have welcomed and the proportional number of old friends that we have had to say good-bye to. Make sure that you get out and welcome those that are new to your block and do your part to show that they have chosen one of the best neighborhoods in Northern Virginia!

We hope to see as many of you as possible at our Community Picnic and Meeting, scheduled for Saturday, September 28th, from 4-7pm and once again hosted by our kind neighbors in Old Quarry Terrace.

-SCA Board

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Upcoming Stoneybrooke Events

- Community Picnic and Meeting: Saturday, September 28th, 4-7pm, Old Quarry Terrace
- Fall Yard Sale: Saturday, October 5th (rain date Sunday)

Upcoming Local Events

Help Refine Fairfax County's Strategic Plan

September 16 - 25

Fairfax County is planning for the next 10-20 years of our community and we need to hear from you! What does your neighborhood look like in the future? Parks, libraries and other cultural opportunities? Our local environment? Transportation, including roads, bikes and mass transit?

Fairfax County will be hosting upcoming community meetings where residents are invited to learn more about progress on the first-ever countywide strategic plan. In the months since public feedback yielded nine areas of focus, teams have been working to further define and shape the future of our community in these areas:

- Cultural and Recreational Opportunities
- Economic Opportunity
- Education and Lifelong Learning
- Effective and Efficient Government
- Health and Environment

- Housing and Neighborhood Livability
- Mobility and Transportation
- Safety and Security
- Self-Sufficiency for People with Vulnerabilities

Attend an open-house to hear about each area, then share your thoughts, insights, opinions and experiences that will be used to help further shape a countywide strategic plan. Meetings will be held at the following times and locations:

- Monday, Sept. 16, 6:30-8:30 p.m., at Lake Braddock Secondary School in Burke
- Tuesday, Sept. 17, 6:30-8:30 p.m., at Justice High School in Falls Church
- Wednesday, Sept. 18, 7-9 p.m., at Chantilly High School in Chantilly
- Thursday, Sept. 19, 6:30-8:30 p.m., at South Lakes High School in Reston
- Monday, Sept. 23, 6:30-8:30 p.m., at Gum Springs Community Center in Alexandria
- Wednesday, Sept. 25, 6:30-8:30 p.m. at Marshall High School in Tysons/Falls Church

2019 King Street Art Festival Coming Up

Saturday and Sunday September 21st and 22nd

The 17th Annual King Street Art Festival will line King Street on Sept. 21 and 22, bringing together local and world-famous artists in one of Alexandria's signature events.

With blocks of beautiful paintings, life-size sculptures, jewelry, photography, ceramics and more, the annual festival transforms Alexandria's famous King Street into an outdoor art gallery. The Festival will have booths featuring original fine artwork by more than 200 artists from the Alexandria, across the United States and abroad. Food will also be available, and many local stores offer specials.



"Magnolia Still Life" by Matthew Bird (30"x22" - watercolor on paper)

Image courtesy Principle Gallery - 208 King Street

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The Art League's ice cream bowl fundraiser returns this year. Attendees can take away fabulous handmade bowls created by the talented artists of The Art League's Ceramics Department and enjoy a scoop of ice cream for just \$15. All proceeds support The Art League's Ceramics Program.

September is National Preparedness Month

Tuesday, September 24th, 10am - 2pm

To commemorate National Preparedness Month, Alexandria officials are offering a variety of free training events in September, including CPR, first aid and more. The training opportunities are free and open to the public.

The annual Emergency Preparedness Fair is on September 24th and it will include trainings and information about emergency preparedness and volunteer opportunities. The Emergency Preparedness Fair is at Market Square, 301 King Street, from 10 a.m. to 2 p.m.

https://apps.alexandriava.gov/Calendar/Detail.aspx?si=27736

Fairfax Fall Festival

Saturday, October 12th 2019

The City of Fairfax would like to invite you to join in celebrating the 43rd annual Fall Festival. What started out as a small market for artisans to display their wares has grown to a festival with over 400 arts, crafts, information, food & gourmet food vendors, children's activities and three stages of music and entertainment for all ages.

Even though we have grown up, we still consider ourselves very much a hometown community with a hometown festival. We look forward to seeing you in historic downtown Fairfax on October 12th from 10 AM to 8:30 PM. Vendors will end at 5 PM, late night concert in Old Town Square will run from 5:30 PM - 8:30 PM.

Alexandria Gets its very own TEDx Event

Saturday, October 5th, 2pm – 5pm

If you are a fan of TED talks, you won't want to miss Alexandria's very own TEDx Oronoco Bay Park, an independently organized TED event Oct. 5 in Alexandria. The event will feature a number of speakers on a wide variety of original topics. Speakers are slated to begin their presentations at 2 p.m.; the event will end with a reception that starts at 5 p.m.

At TEDx events, a combination of live presenters and TEDTalks videos — sparks deep conversation and connections. TEDx events are fully planned and coordinated independently, on a community-by-community basis and lack any commercial, religious or political agenda.

The event takes place at the Mary Gates Learning Center, United Way Worldwide, 701 N. Fairfax St., Alexandria. Visit https://www.tedxoronocobaypark.com/ to purchase tickets.

Le Tour d'Alexandria Libraries

Saturday, October 5th, 10am - 12:30pm

On Saturday, October 5, 2019, Alexandria Library is hosting its annual bicycle tour of all Alexandria Library locations. Bring your bike and join library staff for a leisurely two-hour loop starting and ending at Beatley Central Library on Duke Street.

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Riders must be at least 13 years old to participate and children and teens under the age of 18 must be accompanied by a parent/guardian. Registration is required and can be completed using the online form or by calling Brack Stovall (703-746-1784) to register by phone. Check-in will start at 9:30 a.m. on Saturday, October 5 at Beatley Central Library located at 5005 Duke Street. (https://alexlibraryva.org/alexandria-bike-tour)

Distance is approximately 13 miles and will be at a leisurely pace. The route involves a couple of hills.

Fall Wine Festival and Sunset Tour at Mount Vernon

Friday, October 11th, 6pm - 9pm

Celebrate the history of wine in Virginia with exclusive evening tours of the Mansion and cellar, appearances by George and Martha Washington and live music. Bring a blanket, relax on the East Lawn overlooking the Potomac River and sample wines made in Virginia. Special tickets are required and may be purchased through Mount Vernon's website.

Community News

Nature's Nibbles opens in Hollin Hall Shopping Center

Nature's Nibbles, a new store offering organic food and other products for pets and people, opened last month in the Hollin Hall Shopping Center.

Nature's Nibbles specializes in all-natural organic pet food, toys and treats for dogs and cats, and the Hollin Hill store will also feature all-natural products for humans.

On the shelves and in the freezers of the Hollin Hall store you'll find a variety of dry, wet and raw food for dogs and cats. What you won't find are traditional name brands or anything with soy, wheat or corn in it. Brands include Verus, K-9 Kraving and Taste of the Wild. There's also CBD products — for pets and for humans — as well as lotions, sunscreen and more.

Planet Fitness under construction in Hayfield Center

The new Planet Fitness on Telegraph Road will be opening in the spring, according to the company. Construction is underway on the new Planet Fitness that is moving into the closed Giant in the Hayfield Center. This new Planet Fitness location will feature state of the art machines, free fitness training by appointment and a variety of fun and challenging new fitness equipment. Memberships start as low as \$10 per month with no commitment.

Planet Fitness will also offer an expanded PF Black Card area, where members can take advantage of massage chairs, hydromassage, tanning, discounts on drinks and even travel perks through a partnership with Leisure Time Passport.

Planet Fitness is known for its all-inclusive approach to fitness and the company's gyms are a "Judgement Free Zone." Learn more about Planet Fitness at planetfitness.com. Pre-sales of memberships will start in early 2020, about six weeks before the gym opens.

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Commuter Connections Launches incenTrip App

The Metro reopened this month, but Commuter Connections is giving commuters a new reason to keep using alternatives to driving to work alone.

Commuter Connections and the Maryland Transportation Institute at the University of Maryland jointly launched incenTrip, a new mobile app that helps commuters save time, money, and fuel while earning rewards for planning trips. And those rewards can turn into cash.

"The incenTrip app recommends the best travel mode, departure time, and route based on real-time traffic prediction data and user-personal preferences to help commuters avoid both day-to-day congestion and traffic jams caused by accidents, work zones, special events, and adverse weather conditions," according to Commuter Connections.

With the app, commuters can earn rewards points every time they plan trips to and from work, avoid traffic, or use alternatives to drive-alone commuting, such as carpooling, walking, bicycling, or taking transit.

Commuters can download the app in the Apple App Store and Google Play.

Ruby Tuesday in Hybla Valley closes

The Ruby Tuesday in the Mount Vernon Plaza shopping center closed for good earlier this month. The restaurant appears to have closed without any notice. Notes left on the door thanked patrons for their support and included the address for the Van Dorn Street location in Kingstowne.

Ruby Tuesday has fallen on hard times nationally over the past decade. More than 400 locations have closed since 2007, when Ruby Tuesday had 945 restaurants, according to Restaurant Business. In 2018 alone more than 50 locations were closed.

Fairfax County First in Nation for Fill The Boot Donations...Again

Fairfax County firefighters and paramedics once again raised the most donations in the U.S. for the annual Fill the Boot campaign to help those with neuromuscular disease. The \$447,571 raised over Labor Day weekend benefits the DC/VA Muscular Dystrophy Association (MDA).

One fire station in particular was the overwhelming leader for donations collected. Franconia Fire Station 5 collected \$37,290.95 throughout the weekend. The next highest donations were \$20,577.87 collected by Bailey Crossroads Fire Station 10, \$19,904.14 by Tysons Corner Fire Station 29, and \$19,142.10 by Fairfax Station Fire Station 40.

This marks the 40th year Fairfax County Fire and Rescue has participated in the fundraiser. The donations support numerous efforts of the DC/VA Muscular Dystrophy Association. This includes the annual MDA Children's Summer Camp, the MDA clinic at Georgetown University Hospital and Children's National Medical Center, research at the National Institutes of Health and Georgetown University, and programs to help people with neuromuscular disease live, go to school and work independently.

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Key Sources

Covering the Corridor | http://coveringthecorridor.com
Kingstown Patch | https://patch.com/virginia/kingstowne
Greater Alexandria Patch | https://patch.com/virginia/greateralexandria
Old Town Patch | https://patch.com/virginia/oldtownalexandria
Alexandria Living | https://alexandrialivingmagazine.com/

Reminders

Stay Connected

Stay up to date on neighborhood happenings by visiting the Stoneybrooke SCA website (www.stoneybrooke. org/), which includes a blog for highlighting recent events and publishing upcoming SCA related events.

Residents can also join on-line community on Facebook (www.facebook.com/groups/Stoneybrookcommunity/) for residents of Stoneybrooke, in Alexandria, VA. It is designed for members to connect and share information. Posts containing lost and found, requesting referrals for paid services or items, help with a project, borrowing, ride sharing, announcing yard sales or interesting events in Alexandria area, neighborhood alerts and concerns, giving away items or volunteering your time and any non-profit related posts are welcomed here.

Additionally, a Facebook group exists to advertise events and service or share recommendations here (www. facebook.com/groups/1034208403392227/).

Dean's Dog Sitting



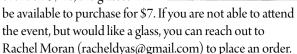
Hey do you need someone to watch your dog while you are on vacation or at work? If so I am here! My name is Dean, I am 12 years old and I am a local dog sitter. Here are a few reasons why you should pick me:

- -my older brother has taught me many things in dog sitting
- -I am young so I can run around and play with your dog
- -I love dogs so I would be more than happy to help out You can email me at- deanthebean6911@yahoo.com or call at 703-768-0895
- I hope to see your dog soon!

Ladies!

Here's your chance to own a Real Housewives of Stoneybrooke wine glass.

At the Stoneybrooke SCA Fall event on 9/28, the glasses will



Cheers!



MEMBERSHIP FORM SEPTEMBER 2018 - DECEMBER 2019

Why join?

- 1. It's easy and inexpensive!
- 2. It funds the community directory, our monthly newsletter, and our website.
- 3. It funds year-round social activities for adults and children.
- 4. The association is the best source of local information including transportation and school initiatives.
- 5. Strong membership builds credibility with other local associations and local politicians.
- 6. Your involvement promotes improved property value and neighborhood safety.

How to join:

- 1. Make out a \$20 check payable to 'SCA'.
- 2. Fill out the form below and print.
- 3. Mail the form and check to the Stoneybrooke Treasurer:

Candy Thompson 6825 Lamp Post Lane Alexandria, VA 22306

OR

- 1. Send \$20 via PayPal to scaboard@stoneybrooke.org.
- 2. Include the information in the form below.

Your Name:		(for the Community Directory)
Your Spouse's Name:		
Address:		
Phone:		
Check One: Include us in the Community Director	y OR Do	not include us in the Directory
Email:		of the Stoneybrooke Sentinel by email. Directory or other mailings.)

Visit us online at www.stoneybrooke.org!